

# Leading School & Teacher Wellbeing

## MELBOURNE

Wednesday 26 May 2021  
9.30am - 4pm

## SYDNEY

Friday 4 June 2021  
9.30am - 4pm

## BRISBANE

Wednesday 16 June 2021  
9.30am - 4pm

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School and Teacher Wellbeing is becoming an increasingly important focus area for schools who wish to not only ensure the success of their students but also their teachers.

However, it is time we moved from the reactive *morning tea quick fix* to a more sustained and embedded approach to improve individual and collective Teacher Wellbeing and impact overall school culture.

This workshop is designed to provide Teachers and School Leaders with a deeper understanding of School Wellbeing in order to:

- Establish a shared definition for what School and Teacher Wellbeing is.
- Build a shared belief system for Teacher Wellbeing.
- Learn the difference between Self-Care and Wellbeing.
- Use a framework for Teacher Wellbeing that supports both individual and collective change.
- Move past the myth that wellbeing is about providing one-off events.
- Understand how our own self-awareness and emotional intelligence impacts our wellbeing and the wellbeing of others.
- Reflect on current approaches to Teacher Wellbeing
- Embed Teacher Wellbeing as part of successful school culture.

**This workshop is targeted towards Teachers and School Leaders across Primary, Secondary & Special environments.**

**Register now:**

**<https://site.realschools.com.au/events/lstw/>**

## Cost

Early Bird **\$195 +gst**  
(until 1 April 2021)

Standard **\$295 +gst**  
(from 2 April 2021)



## Your Facilitator

Amy Green is a past teacher and school leader who knows the importance of enhancing school wellbeing. Amy believes there is a strong link between Teacher Wellbeing and the individual and collective practice of our educators. Her expertise of classroom practice combined with her approach to improving School Wellbeing has seen her take schools from a reactive response to an embedded approach. Amy brings with her a strong understanding of Teaching and Learning, as well as human behaviour, allowing her to expertly combine the two to bring new approaches to the space of school wellbeing.

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## Your School's Details

Participant name: \_\_\_\_\_

Participant's email address: \_\_\_\_\_

Name of School: \_\_\_\_\_

School Role: \_\_\_\_\_

Postal Address of School: \_\_\_\_\_

School phone number: \_\_\_\_\_

## How would you like to pay (tick one):

Credit Card (complete only Section One below)

Have Real Schools invoice your school (complete only Section Two below)

## Section One – authority will be to charge \$AUD 295 (incl GST)

Credit Card type:  Visa  MasterCard

Your name: \_\_\_\_\_

Name On Card: \_\_\_\_\_

Card Number:

Expiry Date:  /

CSV Number (the 3 digits on the back):

Your signature: \_\_\_\_\_

## Section Two

Name of Officer to invoice: \_\_\_\_\_

Email address to send invoice to: \_\_\_\_\_

**Please scan and return this form to [info@realschools.com.au](mailto:info@realschools.com.au)**

